

## **DivorceCare for Teens (DCT4T)**

When parents are going through a separation or divorce, it can be difficult for teenagers to manage their wide range of emotions. Having a safe place to talk through their emotions, situations or issues can be very valuable in helping that teen cope with the family turmoil. DivorceCare for Teens is conducted in a group format with a facilitator guiding the conversation. One parent must be attending the adult session of DivorceCare for the teen to attend. If you have any questions, please contact Charmel Paholek at [CPaholek@WhatsGrace.org](mailto:CPaholek@WhatsGrace.org).

## **DivorceCare for Kids (DCT4K)**

DivorceCare for Kids is a safe, fun place where your children (ages 6-12) can learn skills that will help them heal from the hurt caused by the separation or divorce of their parents. At our weekly DC4K group, kids make friends with other kids who understand how they feel and the things they are going through because of the divorce of their parents. DC4K groups blend games, music, stories, videos and discussion to help kids process the divorce and move forward. Best of all, children will learn how God's love can strengthen them and help turn tears to hope and joy! One parent must be attending the adult session of DivorceCare for the child(ren) to attend. Please contact Charmel Paholek at [CPaholek@WhatsGrace.org](mailto:CPaholek@WhatsGrace.org) for registration information.

Childcare is also available for kids 5 and under.