#### **Serving Opportunities**

As a Care volunteer, up have an opportunity to share the love of Christ through serving those in need. Here are some serving opportunities in the Care Ministry

#### Hot Meal Team

Prepare and deliver fresh, hot meals to Grace Fellowship members in need due to illness, crisis, or bereavement

#### Freezer Meals Team

Prepare freezer meals to be stored in the Care Ministry freezer and distributed to Grace Fellowship members in need due to illness, financial struggles, crisis, and other life challenges

#### James 1:27 Team

Provide minor household repairs, painting, yard work, or auto maintenance to Grace Fellowship single parents, widows, elderly, or families facing illness.

#### Card Writing Team

Prepare and send cards to Grace Fellowship members experiencing the loss of a loved one, illness, or crisis and to those in need of prayer and encouragement.

#### DivorceCare Hospitality Team

During DivorceCare sessions, serve provided hot meals to DivorceCare participants and their families and assist with clean-up.

#### Care Ministry GreetingTeam

Serve at various Care Ministry events to welcome and assist participants.

# Stephen Help & Hope & Healing

We all experience challenges in life - times when we could benefit from the support of a caring Christian friend. Stephen Ministers are available to provide the emotional and spiritual care we need when faced with a crisis or difficulty such as the the loss of a loved one, divorce, loneliness, discouragement, or a terminal illness, and many more. If you are interested in learning more about our Stephen Ministry, please contact Care Ministry at 281.646.1903

#### The Care Ministry at Grace Fellowship

offers help and encouragement to those who are hurting by reaching out in tangible ways to offer spiritual, physical and emotional care to those in need.

## For confidential issues, please contact:

Cindi Lomax, Care Pastor 281.646.1903 ext 143 clomax@whatisgrace.org

or Barry Morton, Associate Care Pastor 281.646.1903 ext 177 bmorton@whatisgrace.org



Do you have an empathetic and caring heart and desire to serve those going through a difficult season in their life?

Schedule a one-on-one visit with our Care Ministry team for guidance to discover your serving area in Care Ministry. Michelle Reekwald, Care Director 281.646.1903 ext 183 mreekwald@whatisgrace.org

#### Need Care?

If you need care, please stop by the Care kiosk in the sanctuary on Sunday mornings or contact the Care Ministry at 281.646.1903 or care@whatisgrace.org

For more details about our ministries, visit www.whatisgrace.org/careministry



Providing Comfort, Encouragement, Support & Hope





2655 S. Mason Rd Katy, TX 77450 281.646.1903 whatisgrace.org

#### **Care Ministries**

#### DivorceCare. DivorceCare for Teens & Kids

If you are divorced or separated and looking to discover hope, experience healing, and rebuild your life, DivorceCare provides support and encouragement for your iourney through divorce. Includes curriculum for adults. children and teens. 13 week sessions each spring and fall.

#### GriefShare

If you have experienced the death of a spouse, child, opportunity to have others walk alongside you through your grief to healing and hope. 13 week sessions each spring and fall.

Marriage Matters Through biblical teaching and small group interactive discussion, learn to renew and strengthen your marriage, have a deeper level of communication with your spouse, and grow in authentic intinacy in your marriage. 12 week sessions each spring and fall.

#### Parenting with Grace

Through biblical teaching and small group interactive discussion, learn how to build a legacy of faith for your children, incorporate timeless principals of effective discipline, set boundaries and consequences, and discover creative ways to show your child love. 8 week session each summer

#### Dave Ramsey's Financial Peace University

Learn biblical steps on how to take control of your money. invest in your future, and give like never before through video teaching and small group interactive discussions. 9 week sessions each spring and fall.

For more information about our Care Ministries or to register online for upcoming sessions, please visit our website at whatisgrace.org/careministry or contact the Care Ministry at 281.646.1903 or email at care@whatisgrace.org

/arriage W /atters GRIEF SHARE

DIVOR

family member or friend. GriefShare provides the

#### **Support Ministries**

#### Free Indeed - Men

Support for men to break free from the bondage of pornography, sexual addiction and infidelity.

#### Recovery with Grace for Men

Support for men struggling with addiction, compulsive behavior, bad habits, issues with anger, family dysfunction and other unhealthy relationships to discover hope, find freedom, and experience victory in their circumstances.

#### **HopeKeepers**

Provides support, hope and encouragement for those living with chronic illness or pain and for those providing care for a chronically ill, disabled, or elderly loved one.

#### Hope Group

Support, encouragement, hope and healing for those with loved ones struggling with same sex attraction, gender confusion, or identifying as LGBT.

For support or to get more information about meeting times and locations for our Support Ministries, please contact the Care Ministry at 281.646.1903 or email at care@whatisgrace.org

#### **Online Resources**

### Radio Shows & Podcasts

Family Life Today with Dennis Rainey

www.familylifetoday.com/programs Focus on the Family with Jim Daly www.oneplace.com/ministries/focus-on-the-family Oneplace.com www.oneplace.com/topics/family-and-parenting

#### Websites

Family Life Today www.familylifetoday.com Focus on the Family www.focusonthefamily.org Family Matters www.familymatters.net National Stepfamily Resource Center www.stepfamilies.info Family Life Blended www.familylifeblended.com

#### Resources

#### Books on Emotional, Relational & Spiritual Heath

**Boundaries** Dr. Henry Cloud & Dr. John Townsend Emotionally Healthy Spirituality Peter & Geri Scazzero

A Purpose Driven Life Rick Warren

Victory Over Darkness Neil T. Anderson

#### **Books on Marriage**

Boundaries in Marriage Dr. Henry Cloud & Dr. John Townsend Love and Respect Dr. Emerson Eggerichs The Five Love Languages Gary Chapman & Ross Campbell His Needs, Her Needs Willard F. Harley, Jr.

#### Books on Family & Parenting

Becoming a Spiritually Healthy Family Michelle Anthony Boundaries with Kids Dr. Henry Cloud & Dr. John Townsend Love and Respect in the Family Dr. Emerson Eagerichs The Five Love Languages of Children

Gary Chapman & Ross Campbell The Smart Stepfamily Ron L. Deal

#### **Books on Divorce**

New Life After Divorce Joe Dallas When the Vow Breaks Joseph Warren Kniskkern

#### Books on Grief

A Grace Disquised Jerry Sittser Heaven Randy Alcorn

#### Books on LGBT Issues

The Way of Hope: A Fresh Perspective on Sexual Identity, Same-Sex Marriage and the Church Melissa Fisher Loving My (LGBT) Neighbor Glenn Stanton When Homosexuality Hits Home loe Dallas