

Anger Quotes

- He who angers you conquers you. ~Elizabeth Kenny
- For every minute you are angry, you lose sixty seconds of happiness. ~Author Unknown
- Anger is one letter short of danger. ~Author Unknown
- If you kick a stone in anger, you'll hurt your own foot. ~Korean Proverb
- Not the fastest horse can catch a word spoken in anger. ~Chinese Proverb
- No man can think clearly when his fists are clenched. ~George Jean Nathan
- Do not teach your children never to be angry; teach them how to be angry. ~Lyman Abbott
- Always write angry letters to your enemies. Never mail them. ~James Fallows
- I don't have to attend every argument I'm invited to. ~Author Unknown
- The worst-tempered people I've ever met were people who knew they were wrong. ~Wilson Mizner
- To carry a grudge is like being stung to death by one bee. ~William H. Walton
- The best remedy for a short temper is a long walk. ~Jacqueline Schiff
- Of the Seven Deadly Sins, anger is possibly the most fun. To lick your wounds, to smack your lips over grievances long past, to roll over your tongue the prospect of bitter confrontations still to come, to savor to the last toothsome morsel both the pain you are given and the pain you are giving back -- in many ways it is a feast fit for a king. The chief drawback is that what you are wolfing down is yourself. The skeleton at the feast is you. ~ Frederick Buechner