

# MEN'S GROUPS

## MICHAEL ZAK

When: **Tuesdays, 6:00am**  
Contact: **832.741.8117**  
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## MARK ELKINS

When: **Wednesdays, 7:00am**  
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## IAN VEARY

When: **Wednesdays, 7:00pm**  
Contact: **563.340.4747**  
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## JIMMY ERMON

When: **Thursdays, 7:00am**  
Where: **Bagel Cafe**  
Contact: **832.868.7728**  
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## DAVID MCCLURE

When: **Thursdays, 7:00pm**  
Where: **Room M140 (Ministry Center)**  
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## ROB SCHWEITZER

When: **Fridays, 7:00am**  
Where: **Toasted Yolk (I-10 and 99)**  
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Email: [robs@sbcglobal.net](mailto:robs@sbcglobal.net)

## BRIAN NESSEN

When: **Every other Friday, 7:00am**  
Where: **Cracker Barrel**  
Contact: **713.705.1512**  
Email: [nessenb@gmail.com](mailto:nessenb@gmail.com)

## BRIAN FREER

When: **Saturdays, 10:30am**  
Contact: **281.579.6641**  
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